

Activity Sessions

Activity	Duration	Description
Paddles SUP	90 Minutes	Enjoy Kayaking and Stand Up Paddleboarding on our lake with our qualified instructors
Canoe Adventure	3 Hours	Take a Canoe trip down the river Hamble. Adults must accompany children. Session is 3 hours
High Ropes Adventure	2 Hours	Enjoy Climbing, Vertical Assault & Aerial Runway in this 2 hour session ** Maximum weight 120kg**
Watersports Hire	1 Hour	Hire one of our SUPs or Sit on top Kayaks and have self led fun on our lake or river. Children under 10 must have an Adult on the water with them **See our water craft hire agreement for further information**
Jumpy Pillow	15 Mins	Bounce til you drop on our brand new Jumpy Pillow
Aqua Slide	15 Mins	Slip and slide down our Aqua Slide. Great fun for the whole family
Archery	90 Minutes	Pretend you are Robin Hood as you shoot arrows down our indoor archery range
Climbing	90 Minutes	Learn climbing skills and techniques as you scale our purpose-built climbing wall. **Maximum weight 120kg**
Abseiling	90 Minutes	Test your nerve as you lean out & make your way down our purpose built abseil wall. **Maximum weight 120kg**
Vertical Assault	90 Minutes	Test your agility as you navigate your way up through cargo nets, tyres and ladders. **Maximum weight 120kg**
Stand up Paddleboarding	90 Minutes	Use your balance & newly discovered co-ordination skills as you build your water confidence on our lake
Kayaking	90 Minutes	Learn paddling skills and develop technique and confidence through games and exercises on our sheltered lake.
Aerial Runway	90 Minutes	Experience the thrill of the ride as you launch yourself along our zip wire from a raised platform. **Maximum weight 120kg**

