

# Extreme Survival Daycamps

## Sample Activity Programme

	0900-0930	0930-1100	1100-1115	1115-1245	1245-1345	1345-1515	1515-1530	1530-1600
Monday	SIGN IN	Rules & Games	BREAK	Team Challenge	LUNCH	Fire Lighting	COLLECT BAGS	SIGN OUT
Tuesday	SIGN IN	Basic Medic	BREAK	Orienteering	LUNCH	Pioneering	COLLECT BAGS	SIGN OUT
Wednesday	SIGN IN	Camo & Tracking	BREAK	Off Site Walk	LUNCH	Off Site Walk	COLLECT BAGS	SIGN OUT
Thursday	SIGN IN	Archery	BREAK	Cooking on Fire	LUNCH	Signal for Help	COLLECT BAGS	SIGN OUT
Friday	SIGN IN	Survival Challenge	BREAK	Survival Challenge	LUNCH	Survival Challenge	COLLECT BAGS	SIGN OUT

Please note this is a sample programme and subject to change.