

# Adventures beyond the classroom

Schools &  
Groups  
Day Visits  
2021



**YMCA**

# Build your day

Understanding what you want to achieve from a day visit with us is at the forefront of our planning. We will work with you to create a custom-made programme to meet the needs of your school or group. Follow our 5 step plan below to help you put together your visit with us.

## 1 Choose your day length

Day Length	Low Season (Jan, Feb, Nov, Dec)	Mid Season (Mar, Apr, Aug, Sept, Oct)	High Season (May, June, July)
Half Day (3 hrs e.g. 9.30-12.30)	£18	£20	£25
3/4 Day (6 hrs e.g. 9.30-3.30)	£25	£30	£35
Full Day (8 hrs e.g. 9-5)	£30	£35	£40

Prices for day visits are based on the day length selected, charged per child/young person and subject to VAT. All packages include free tea and coffee for adult leaders.

## 2 Choose your programme

Consider the reason for your visit and the needs of your group and we will work with you to create an exciting and relevant programme. Options include teamwork, communication or personal challenge days with sample programmes below to help guide your decision making. With over 25 activities, we can create exciting programmes for all ages, group sizes and frequency of visit to meet your needs.

### Option 1: TEAMWORK CHALLENGE

Work together to clamber through the spider's web, use your initiative to dispose of the 'bomb' before taking on the team challenge obstacle course. The day culminates with the ultimate teamworking test as you conquer the Jacob's Ladder together. Alternatives include a final raft building challenge instead, as your group use credits gained throughout the day to exchange for useful equipment to construct and float your craft. A day to truly work together to achieve your goals.



20 mins	30 mins	30 mins	90 mins	45 mins	120 mins	10 mins
Arrival Briefing	Initiative tests – Spider's Web & Bomb Disposal		Team Challenge	Lunch	Jacob's Ladder	Departure Debrief

## Option 2: COMMUNICATION CHALLENGE

Working on your communication will ensure you conquer our blind trail successfully before you head to the water for stream exploration. A visit to the initiative tests follows for a trip across the 'minefield'. In the afternoon, you'll face the challenge of working together to paddle your canoe in a straight line. Can your team connect to win all the communication challenges?



20 mins	60 mins	60 mins	45 mins	30 mins	120 mins	10 mins
Arrival Briefing	Blind Trail	Stream Exploration	Initiative Tests	Lunch	Canoeing	Departure Debrief

## Option 3: PERSONAL CHALLENGE

Your day will be packed full of personal challenges! Brave the exhilarating Leap of Faith on the obstacle course, get mucky and blend in with the natural surroundings in an exciting camo and tracking session, find your balance on the stand up paddleboards (whatever the weather!) before finally lowering yourself backwards over the abseiling tower. So much adrenaline in one day you'll be coming back for more!



20 mins	50 mins	50 mins	90 mins	35 mins	90 mins	10 mins
Arrival Briefing	Obstacle Course	Camo & Tracking	Stand Up Paddleboard	Lunch	Abseiling	Departure Debrief

## 3 Choose your food options

Let us take the strain and provide tasty catering options to fuel your visit. Catering options include a range of indoor and outdoor dining locations, hot and cold meals with special diets catered for. Supervising adults on a 1:12 ratio eat free when booking food options!

### Sample menu

**Breakfast:** Bacon or veggie sausage bap, fruit juice, yoghurt, banana, cereal, tea and coffee - from £4pp

**Lunch:** Ham and cheese sandwich, soup of the day, crisps, fresh fruit - from £5pp

**Dinner:** Chicken and leek hot pot with green beans, peas and broccoli, apple crumble and custard – from £5pp

All prices subject to VAT



## 4 Extend your visit

Make the fun last even longer and add some of our best loved traditional evening activities to your day package. Options last 90 minutes and you can choose from the following:

- Campfire
- Disco
- Sports and games
- Wide games
- Jumping pillow and lawn games



All activities are priced at a minimum of £55 per event or £2 per person, whichever is greater. All prices subject to VAT.

## 5 Make your booking

Contact a member of our sales team on 01489 785228 to talk through the options, check availability and make your booking. Activities are programmed on a first come, first served basis!

We really look forward to welcoming you and your group to Fairthorne Manor where children, young people and families have the opportunity to lead happy, healthy lives. If you have any questions about COVID-19 safety and restrictions, how we can cater for those with additional needs within your group, want ideas about how we can support your visit or videos of activities, please visit [www.ymca-fg.org](http://www.ymca-fg.org) or contact our Sales team.

