

# Paddles Plus Daycamps

## Sample Activity Programme

	0900-0930	0930-1100	1100-1115	1115-1245	1245-1345	1345-1515	1515-1530	1530-1600
Monday	SIGN IN	Rules & PPE	BREAK	Introduction to Paddle Start Award	LUNCH	Raft Building	COLLECT BAGS	SIGN OUT
Tuesday	SIGN IN	Boat Building	BREAK	Kata Kanu	LUNCH	Stream Exploration	COLLECT BAGS	SIGN OUT
Wednesday	SIGN IN	Kayaking	BREAK	Boat Testing	LUNCH	Multi Hull Paddle on River	COLLECT BAGS	SIGN OUT
Thursday	SIGN IN	Crazy Races	BREAK	Canoe Trip	LUNCH	Canoe Trip	COLLECT BAGS	SIGN OUT
Friday	SIGN IN	Stand Up Paddle Boarding	BREAK	Bell Boat	LUNCH	Award Ceremony	COLLECT BAGS	SIGN OUT

Please note this is a sample programme and subject to change.