

# Winchester House Sample Menu

This is an example of what we can offer. Menus can be adapted

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast (Choice will Vary)	Scrambled egg, sausage & hash brown	Pancakes with a choice of toppings	Bacon Roll	Croissants	Bacon, egg, sausage & beans	Sausage bap	Boiled eggs
	Vegetarian/vegan options supplied Also offered: Cereals, squash, toast, assorted yoghurts & fruit						
Lunch	Packed lunch - will include sandwich with various fillings, crisps, fruit, homemade cookie or snack bar and a drink.  Alternatives can be arranged on request.						Roast of the day, roast potatoes & Vegetables Gravy or (v) Roast Quorn & trimmings.  Cheesecake & cream
Dinner	Lasagne, garlic bread & broccoli or (V) Vegetarian chilli with rice, garlic bread & broccoli and salad  Decorated Cupcakes or Fruit or Yoghurts	Fish, chips & peas  or (V) Cheese & tomato pizza, chips & peas and salad  Jelly & cream or Fruit or Yoghurts	Roast of the week, roast potatoes, vegetables & trimmings  or (V) Roast Quorn, roast potatoes, vegetables & trimmings  Treacle sponge & Custard or Fruit or Yoghurts	Burger in a bun, potato wedges & Corn on the cob Salads  Or (V) Vegetarian burger in a bun, potato wedges & Corn on the cob and Salad  Ice Lollies	Pork meatballs in tomato sauce, rice, & green beans  or (V) Vegetarian meatballs in tomato sauce, potato wedges, & green beans and salad  Arctic Roll or Fruit or Yoghurts	Cottage pie & mixed vegetables  or (V) Vegetarian cobbler, mashed potatoe & mixed vegetables  Fruit crumble & ice cream or Fruit or Yoghurts	Cold plattered buffet  (a selection of breads, pastries, meat, fish & cheese)  Cake selection

Please make the House Manager aware if there are any people within your party with food allergies or intolerances.

A full list of allergens for each menu can be obtained from the YMCA Winchester House kitchen.