

ADVENTURES BEYOND THE CLASSROOM

Schools &
Groups
Residential
Visits
2023



YMCA

**School Residential Packages
Monday to Friday**

**YELLOW
PROGRAMME
(8 activities)**

High Ropes activities
Bushcraft activities
Challenge activities
Water Based activity
Archery
Orienteering/Compass
Skills
Initiative Tests
Ecology activity

**BLUE
PROGRAMME
(12 activities)**

High Ropes activities
Bushcraft activities
Challenge activities
Water based activities
Archery
Orienteering/Compass
Skills
Initiative Tests
Ecology activity

**RED
PROGRAMME
(16 activities)**

High Ropes activities
Bushcraft activities
Challenge activities
Water Based activities
Archery
Orienteering/Compass
Skills
Initiative Tests
Ecology activity

Each programme will include a selection of activities across our range. Activities are programmed at YMCA discretion and subject to operational requirements.

| Season | LOW | MID | HIGH | MID | LOW |
|---|---------------|---------------|----------------|-----------------|-----------------|
| Dates | 4 Jan - 5 Mar | 6 Mar -14 May | 15 May- 3 Sept | 4 Sept - 22 Oct | 23 Oct - 17 Dec |
| Camping (YMCA tents) | | | | | |
| YELLOW | - | 228 | 288 | 228 | - |
| BLUE | - | 254 | 319 | 254 | - |
| RED | - | 278 | 353 | 278 | - |
| Indoors (Heald House + Ben's House) | | | | | |
| YELLOW | 218 | 326 | 363 | 326 | 218 |
| BLUE | 242 | 345 | 390 | 345 | 242 |
| RED | 267 | 360 | 414 | 360 | 267 |
| All prices per person & subject to VAT. | | | | | |

School Residential Packages Weekend Visits

Weekend visits offer a flexible option for those looking for a shorter stay. Build your own package from the options below, simply add together your accommodation price, activities and room hire.

We can offer bespoke programmes to include a different number of activities or room hire; please contact us with your requirements.



| Season | LOW | MID | HIGH | MID | LOW |
|--|---------------|----------------|-----------------|-----------------|-----------------|
| Dates | 4 Jan - 5 Mar | 6 Mar - 14 May | 15 May - 3 Sept | 4 Sept - 22 Oct | 23 Oct - 17 Dec |
| Camping (YMCA tents) | | | | | |
| 1 NIGHT | - | 37 | 44 | 37 | - |
| 2 NIGHTS | - | 66 | 78 | 66 | - |
| 3 NIGHTS | - | 92 | 108 | 92 | - |
| Indoors (Heald House + Bens House) | | | | | |
| 1 NIGHT | 39 | 44 | 51 | 44 | 39 |
| 2 NIGHTS | 71 | 78 | 92 | 78 | 71 |
| 3 NIGHTS | 98 | 108 | 128 | 108 | 98 |
| Above prices include accommodation and full board (first meal dinner, last meal lunch) | | | | | |
| Add activities from £13pp and room hire from £90 per day (all prices subject to VAT) | | | | | |



Activity options

| Pioneering | Team Challenge | Blind Trail | Low Ropes | Obstacle Course |
|--|--|---|---|---|
| Groups learn knot techniques to create a giant slingshot which they will then use to fire objects at a giant target. Bombs Away!!! | Work together as a team to conquer each challenge on our course. | Teams engage their senses while negotiating our course relying on communication and support to triumph. | Balance is key as groups work together to problem solve each element on our woodland course. Bonus challenge for those who dare!! | Race around our mini assault course culminating with our leap of faith swing. |

| Camouflage and Tracking | Den Building | Campfire Skills | Orienteering/ Compass Skills | Initiative Tests |
|---|--|--|--|--|
| Learn how be like a chameleon and blend into your surroundings or track your prey like a fox. | Learn simple construction techniques to build your own survival den. Be careful, it might just rain... | Learn about the fire triangle and how to safely create your own fire. For a little extra you can even cook your own snack over the fire! | Can you follow the clues and use your map and compass to find the long lost Fairthorne treasure? | Work together to solve our variety of puzzles, tasks and activities. Thinking outside the box is a must. |

| Land Ecology | Water Ecology | Camp Fire | Wide Games | Archery |
|--|--|---|---|--|
| Explore our amazing woodlands abundant with flora and fauna. Learn about how these all work together in perfect harmony. | Dip your net into our one of our beautiful waterways. Discover the creatures that live in these waters and the effects ponds and rivers have on these creatures. | Let your inner performer shine as you sing and dance around a roaring campfire. | Bring your whole team together as you compete in crazy races, capture the flag and other large scale group games. | Learn and develop the key techniques required to become your very own Robin Hood and compete against your friends in our archery games and challenges. |

| Kayaking | Stand Up Paddle Boarding | Canoeing | Raft Building | Stream X |
|---|--|--|---|--|
| Build your water confidence and learn new kayaking skills while you splash and play on our sheltered lake | Wobble and wobble as you develop your balance and co-ordination on your very own paddleboard | Head out on a journey along the beautiful Hamble River as it meanders through the countryside in teams of 3 or 4 | Work together as a team to design and create your very own raft before testing it out on our lake | Venture into our stream and journey along it as it twists and turns through the woodlands. Communication is the key to navigate its many obstacles |

Activity options

| Boat Trip | Kata Kanu | Bell Boat | Jumpy Pillow & Lawn Games | Aerial Runway |
|---|--|--|--|---|
| Take in the sights and sounds of the River Hamble on one of our gig boats. If you're lucky, you may even get to drive | Cruise along the River Hamble in one of our super stable 6 man Kata Kanus. Paddling together as a team is vital. | Experience our hybrid dragon boat/canoe as you use team work and communication to journey along the River Hamble in teams of up to 12. | Let your inner kangaroo free as you bounce around on our inflatable pillow. Challenge your friends to one of our many lawn games while you wait your turn. | Feel the rush and the wind in your hair as you fly through the trees on one of our 2 purpose build zipwires |

| Crate Challenge | Vertical Assault | Jacobs Ladder | Abseiling | Climbing |
|---|--|---|---|--|
| How high can you go as you work in pairs to create your very own tower of crates. Balance and team work is key. | Test your agility as you climb your way up through ladders, cargo nets and twisting tyres. | This giant ladder will test your ability to work together and problem solve. Rungs get further and further apart the higher you go. | Step out over the edge as you test your nerve and head for heights on our abseil tower. | Challenge yourself as you navigate the 6 routes on our wall learning climbing techniques in the process. |



Pricing & Operational Information

Please note the following information with regards to our prices and operational procedures:

- All prices are per young person and subject to VAT at the current rate.
- There is a maximum of 12 people per activity group.
- An adult must accompany each activity group of up to 12 children, but are not included in the group size.
- All activity sessions run for 90 mins with activities only offered in fixed time slots.
- Water activities are only offered April - October inclusive. Alternative activities are offered outside of these dates.
- Activity programmes are allocated on a first come, first served basis in order of booking.
- Activities are programmed at the discretion of the YMCA
- We reserve the right to replace any activity or change programmes in the event of operational or availability issues.

In addition, for residential groups:

- Residential prices are based on a minimum of 12 children and include activities as specified, accommodation and full board (for stays during the week, first meal is lunch, last meal is lunch. For weekend visits, first meal is dinner, last meal is lunch.)
- One free staff place for every 12 young people (applicable to school and youth groups only). Additional staff are charged at £36 per night + VAT to cover bed and board only.
- Young people aged 12 and over (Yr 8) are served adult food portions at an additional charge of £4/day + VAT.
- All residential groups must provide their own sleeping bag, pillow and pillowcase, including tent groups. We will provide each person staying in indoor accommodation with a bed sheet.
- Tent groups must provide their own sleeping mat.
- The price is based on the first date of stay if the stay overlaps different pricing seasons.
- Prices are valid for children and young people - adult rates available on application.

Local authority guidance

We recognise that each Local Authority issues guidance to schools about residential visits. We ask that all schools seek individual guidance from their Local Authority prior to booking. All Hampshire, Southampton, Portsmouth and West Berkshire schools should follow the advice given by Hampshire Outdoors Education Service. Appropriate and comfortable participation in water sports is dependent on an individual's water confidence - this advice can be found in "Safety in Adventurous Activities" published by Hampshire County Council which is available to download from the Resources section of Evolve (www.hampshireoutdoors.com). The standard Hampshire consent form covers this and can be found at www3.hants.gov.uk/education/outdoor-education/oe-homepage/oe-forms.htm. Please consider this when selecting your programme.

