



**YMCA**

# Paddles Plus

Themed Daycamps at Fairthorne Manor  
Sample Programme

# Paddles Plus Sample Programme

Designed for children in School Years 4-11

	9-9:30am	9:30-11am	11-11:15am	11:15am-12:45pm	12:45-1:45pm	1:45-3:15pm	3:15-3:30pm	3:30-4pm
<b>Monday</b>	S i g n  i n	Rules/PPE	B r e a k	Introduction to Paddle Start Award	L u n c h	Raft Building	C o l l e c t  B a g s	S i g n  o u t
<b>Tuesday</b>		Boat Building		Kata Kanu		Stream Exploration		
<b>Wednesday</b>		Kayaking		Boat Testing		Multi Hull Paddle on River		
<b>Thursday</b>		Crazy Races		Canoe Trip		Canoe Trip		
<b>Friday</b>		Stand Up Paddleboarding		Bell Boat		Award Ceremony		

Please note these are sample activities and are subject to change.

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