YMCA FAIRTHORNE GROUP

The Children's Society

YMCA

Kit List

'There's no such thing as bad weather, just bad clothing'. We've heard this comment for years, but it's certainly true and some preparation will make your young persons stay much more comfortable.

- Sleeping bag, pillow and sleeping mat (for any indoor accommodation booked we would recommend a fitted sheet as well).
- Plenty of comfortable clothing that can get dirty and suitable for the weather forecast e.g. shorts, jeans / leggings / tracksuit bottoms, t-shirts, jumpers. Don't forget to pack a spare set of clothes for going on the water and an whole extra set of clothes(just in case) including underclothes and socks
- Waterproof coat
- Trainers x 2 pairs, one of which is suitable to get wet & dirty (Crocs or flip flops are not suitable for watersport activities. Footwear must be attached to feet)
- Hat to protect against the sun and cold
- Camping mug for mealtime drinks to help us reduce use of plastic
- Refillable water bottle
- Torch
- High protection sun cream/block
- Towel
- Wash kit
- Pyjamas
- Bin bag to put dirty clothes in