

## Sample Menu 2023

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast (choice will Vary)</b>	Scrambled egg, sausage & hash brown	Pancakes with a choice of toppings	Bacon Roll	Croissants	Bacon, egg, sausage & beans	Sausage bap	Boiled eggs
	Vegetarian / vegan options Also offered: Cereals, squash, toast, assorted yoghurts & fruit						
<b>Lunch</b>	Packed lunch - sandwich with various fillings, crisps, fruit, homemade cookie or snack bar.  Alternatives can be arranged on request.  Please ensure all members of your group bring a reusable water bottle for drinks.						Roast of the day, roast potatoes & Vegetables Gravy or (v) Roast Quorn & trimmings.  Cheesecake & cream
<b>Dinner</b>	Lasagne, garlic bread & broccoli or (V) Vegetarian chilli with rice, garlic bread & broccoli and salad  Decorated Cupcakes or Fruit or Yoghurts	Fish, chips & peas or (V) Cheese & tomato pizza, chips & peas and salad  Jelly & cream or Fruit or Yoghurts	Roast of the week, roast potatoes, vegetables & trimmings or (V) Roast Quorn, roast potatoes, vegetables & trimmings  Treacle sponge & Custard or Fruit or Yoghurts	Burger in a bun, potato wedges & Corn on the cob Salads Or (V) Vegetarian burger in a bun, potato wedges & Corn on the cob and Salad  Ice Lollies	Pork meatballs in tomato sauce, rice, & green beans or (V) Vegetarian meatballs in tomato sauce, potato wedges, & green beans and salad  Arctic Roll or Fruit or Yoghurts	Cottage pie & mixed vegetables or (V) Vegetarian cobbler, mashed potatoe & mixed vegetables  Fruit crumble & ice cream or Fruit or Yoghurts	Cold platter buffet  (a selection of breads, pastries, meat, fish & cheese)  Cake selection